## Introduction to NSS (National Service Scheme)

The NSS, a voluntary and value based student youth programme is one of the major youth schemes being operated in the Ministry of Youth Affairs and Sports. The Motto of NSS "Not **Me but You**", reflects the essence of democratic living and upholds the need for self-less service. The NSS is graduation based program (only the graduation students may register for it).

The educational goal of the NSS implies that besides gaining understanding of concepts like community, social structure, power conflict, etc. occurring in real life situations, students should acquire competence in the field of programme planning. Shouldering the responsibilities, participation in cooperative task and promotional work in the community.

## **Benefit for Students/ National Service Scheme Volunteers**

- Personality Development
- Incentive
- Preference in Admission / Employment
- National Integration camp, Adventure Programme, Youth exhibition and Cultural Programmes, State level as well as National Level programme
- It helps in acquiring leadership qualities and democratic attitude.
- It provides diversified opportunities to students in colleges and universities to develop their personality through community service.
- It develops a sense of involvement in the task of nation building.
- Volunteer's interaction with the slum dwellers and villagers expose them to the realities of life and bring about a change in their social perception.
- It helps in developing positive attitude, self-confidence, courage & patience.
- Administrator and development of personality as a whole.
- He/she gets opportunities to see the community closely and thus gets an experience of human nature in relation to his / her environment.
- Gets the opportunity to meet the people from different walks of life.
- A National service scheme participants selected after a rigorous test participates in the Republic day parade camp for 3 weeks at New Delhi every year.
- NSS volunteer completing 240 hours of regular community service in a period of two years is to be issued an NSS certificate.